Wayne State University Physician Group and the Department of Physical Medicine & Rehabilitation – Oakwood are pleased to announce the hiring of Aashish A. Deshpande, M.D. to the faculty as Clinical Assistant Professor. Dr. Deshpande earned his Bachelor of Science with distinction from The University of Michigan, Ann Arbor, and his Doctor of Medicine from Wayne State University School of Medicine. His career has included leadership experience as Medical Director at Saint Joseph Regional Medical Center, South Bend Campus, and he was also the Director of Traumatic Brain Injury in the outpatient department. Most recently Dr. Deshpande was an attending physician at Chelsea Back Care, P.C. Dr. Deshpande believes the most exciting part of being a physician is, “…the ability to provide assistance to a patient when they are at times almost without hope.” He describes what motivated him to become involved in the practice of physical medicine and rehabilitation and its impact on health and healing of patients: “PM & R is what medicine is trying to become in all specialties – coordination of care, services, and specialists for the common goal of enhancing patients’ and families lives. Every day is a chance to make a difference.”

In addition to his medical knowledge and clinical experience with the treatment of traumatic brain injury and chronic pain management, Dr. Deshpande has also learned an important tool in the practice of medicine from his patients: the art of listening. He describes how vital that skill is to a good physician: “Listen, really listen, and patients will open up and share with you many important details of their concerns.” Dr. Deshpande contributes his time as a physician by volunteering with health screenings for school physicals and within the community in Ann Arbor. Dr. Deshpande is an avid University of Michigan football fan and proud Alumnus. His wife is also an educator and she is a first grade teacher in Ann Arbor. Dr. Deshpande is a proud father to his two daughters who perform in a local dance company.

Commenting on his new position and faculty appointment, Dr. Deshpande shares his passion for the practice of PM & R medicine in a team environment, and also his eagerness to return to education. “I am most looking forward to integrating my present skills in musculoskeletal medicine with my training in brain injury treatment in a collaborative, vibrant and progressive environment. Also, I hope to get opportunities to teach, an aspect of my career put on hold for the last 11 years.” Join us in welcoming Dr. Aashish Deshpande to our medical staff and faculty!

By: Michelle C. Brock, MA  Senior Residency Program Coordinator